

Mental Health Services near you

Adelaide Hills Community Mental Health Service

22 Druids Avenue
MOUNT BARKER SA 5251
Phone: (08) 7425 7770

Barossa Community Mental Health Service

29 North Street
ANGASTON SA 5353
Phone: (08) 8563 8525

Gawler Community Mental Health Service

21 Hutchinson Road
GAWLER EAST SA 5118
Phone: (08) 8521 2117

Kangaroo Island Community Mental Health Service

3 - 7 Esplanade
KINGSCOTE SA 5223
Phone: (08) 8553 4231

Southern Fleurieu Community Mental Health Service

Harbour View Terrace
VICTOR HARBOR SA 5211
Phone: (08) 8552 0600

After Hours

Call the Mental Health Emergency Triage Liaison Service on:

13 14 65

Available 24 Hours, 7 days a week

- Provides support for anyone who may be concerned for someone's wellbeing
- Staffed by experienced Mental Health clinicians

In the event of a life-threatening emergency, please phone 000

Non-English speaking: For information in languages other than English, call the Interpreting and Translating Centre and ask them to call The Department of Health. This service is available at no cost to you.

Contact: (08) 8226 1990

For more information:

Barossa Hills Fleurieu Local Health Network
sahealth.sa.gov.au/barossahillsfleurieulhn
Follow us at: facebook.com/BHFLHN



Health
Barossa Hills Fleurieu
Local Health Network



Insert classification eg OFFICIAL, OFFICIAL: Sensitive//IMM if required.

© Barossa Hills Fleurieu Local Health Network,
Government of South Australia. All rights reserved.

Mental Health Services

**Barossa Hills Fleurieu
Local Health Network**



Health
Barossa Hills Fleurieu
Local Health Network



Mental Health challenges can affect all of us, either directly or as a carer, family member or friend of a person experiencing mental health distress.

Barossa Hills Fleurieu Mental Health provides recovery-focused services to people aged 16 years and above, in rural and remote areas of South Australia.

Our local health network provides a range of mental health services and support including:

- Treatment and rehabilitation for consumers with mental health challenges and support in their recovery
- Information to assist consumers in making informed decisions about their mental health and wellbeing
- Professional, respectful and inclusive assessment of need
- A coordinated and personalised care plan with consumers, carers and family as appropriate
- A coordinated treatment plan with GPs and Psychiatrists
- Assistance with transfer of care
- Links with appropriate services e.g., Aboriginal health, aged care, youth services and mental health support services
- Respect and support based on spiritual and cultural needs
- Access to interpreters when needed

Services across regional South Australia

- Distance consultation and liaison service
- 103 video conferencing units across the Digital Telehealth Network providing telepsychiatry
- 24-bed Rural and Remote Inpatient Unit (located at Glenside Health Service)
- Three regionally located Integrated Mental Health Inpatient Units (IMHIU) in Mount Gambier, Whyalla and Berri
- 14 Community Mental Health Teams
- Community rehabilitation service in Whyalla (Saltbush Rehabilitation)
- Youth Mental Health services
- Older Persons Mental Health services

Accessing mental health services

If you are concerned about a person's mental health, you can make a referral to our mental health service.

The referral can be made by a carer, family member, GP or other health practitioner.

We also accept self-referrals.

All referrals will be prioritised according to assessment of risk, urgency and disability caused by the impact of the presenting condition.

Our services are focused on the needs of consumers with severe mental health challenges and distress.

Personalised Care plans

Once assessed and accepted into the service, each consumer will be allocated an identified worker.

This worker will collaborate with the consumer and their carer(s), including family and friends, to develop a personalised care plan. When appropriate, they will also link them with other relevant services.

Support from our multi-disciplinary team

As needs are varied, a consumer may be linked with specific members of our multi-disciplinary team.

The team may include:

- Mental Health Nurses
- Social Workers
- Occupational Therapists
- Youth Mental Health (16 to 25 years) Clinicians
- Peer Specialist
- Psychiatrist
- Older Persons Mental Health (65+ Years) Worker
- Clinical Psychologist
- Aboriginal Health Practitioner